

# FAMILY PRAYER BOOK

## A VISUAL TOOL FOR REGULAR FAMILY PRAYER

This resource aims to help you create a system to facilitate intentional, systematic, God-focussed, and other person-focussed prayer as a family (as well as allowing for particular personal prayer points of the day). As a family, create a book together, ideally with more than 7 pages (you can have as many more than 7 as you like). Alternatively, you could create cards to fit on a keyring.

Why not make it a family project and make one page a day over a week or two, or you might find it easier to put it altogether in one or two days by printing out all the photos ahead of time.

### THINGS TO INCLUDE ON EACH PAGE:



#### FAMILY

Pray for grandparents, mum and dad, siblings, extended family, family friends etc.  
Top Tip: Make sure to include their names.



#### OUR WORLD

Thank God for creating our world, for Jesus' death and resurrection, for forgiving us and fixing our big sin problem, for loving us, for being powerful and sustaining our world etc.



#### FRIENDS

Pray for school friends, church friends, school teachers, missionaries, ministers, kids church leaders, friends from sport etc.  
Top Tip: Make sure to include their names.



#### GODLINESS

Pray that we will grow more like Jesus, for kindness, patience, love, wisdom, obedience and respect. Pray that we will grow in love and knowledge of God.

**REMEMBER THIS IS A SUGGESTED START**

**FEEL FREE TO INCLUDE ANY OTHER TOPICS FOR YOUR REGULAR PRAYER**



# FAMILY BIBLE READING?

You can read a passage which is appropriate to the concentration levels of the people in your family. When our children were younger we read 2-3 verses of Proverbs and even acted them out to help explain what they were saying. Now that our kids are older, we can read a whole chapter of Proverbs or another book.

A helpful tip is to give prayer points to different members of the family in response to the passage you have just read, e.g.

"Daniel could you please thank God that he protects us" and "Micah can you please pray that we will always trust God", and "Sarah can you please pray that we won't be tricked into thinking that money is really important".



## HOW TO USE THIS RESOURCE

The aim of this resource is to pray through one page of the book each day. Instead of asking your child if they want to pray e.g. "Johnny will you pray today?", why not ask them to pray for one of the people or things on the page e.g. "Johnny would you like to pray for Granny?" or "Johnny would you like to pray that we will be kind to each other?" This way it is a choice of what to pray, rather than a choice to pray.

Depending on the age of your children, you could aim to pray for one thing/person/family a day or you could pray for a number of them e.g. all four if there are four people old enough to pray regularly in your family.

## WHEN TO USE THIS RESOURCE:

You can use this resource whenever you think it is most realistic and do-able for your family. Consider when you are most likely to be at home together and when the kids are in a fairly positive frame of mind e.g. At breakfast; at Grace –before dinner; between dinner and dessert (we have found this works best for us); at bedtime.

